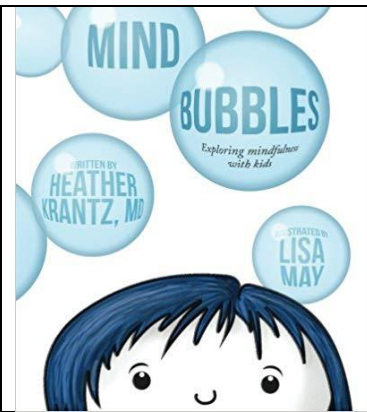
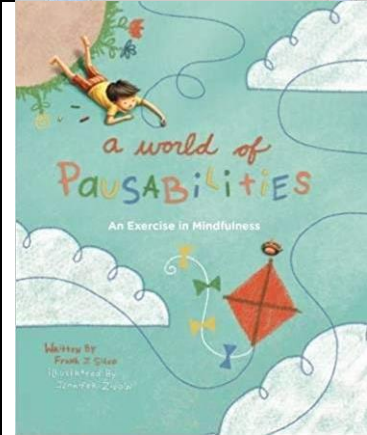
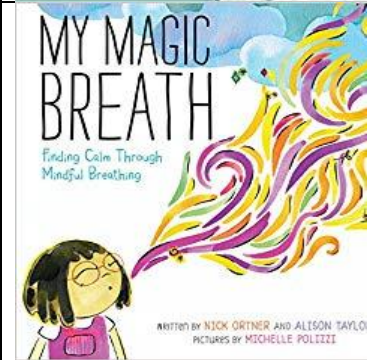
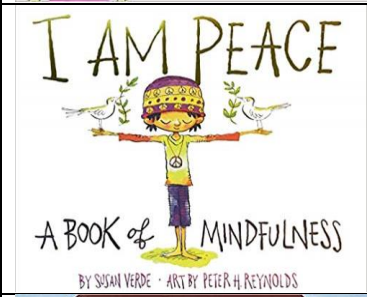
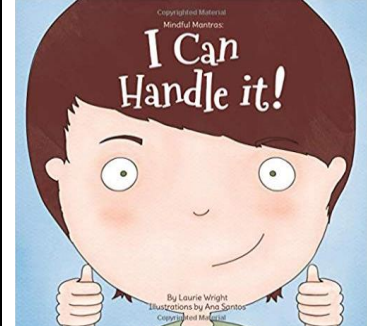
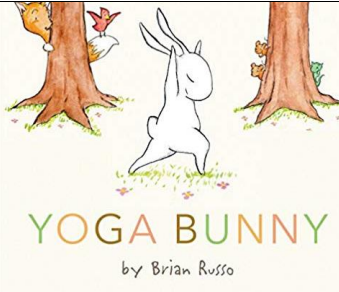
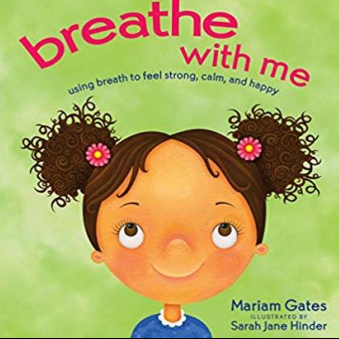
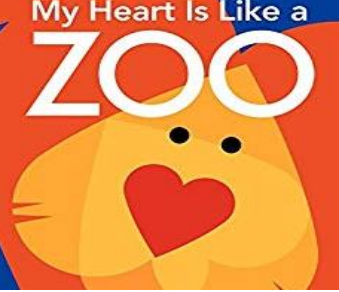

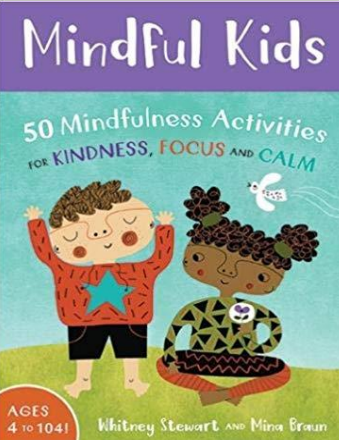


# MINDFULNESS: BEING PRESENT AND AWARE OF THE WORLD AROUND US

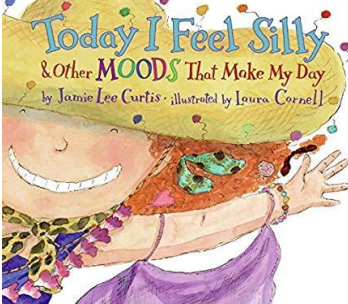
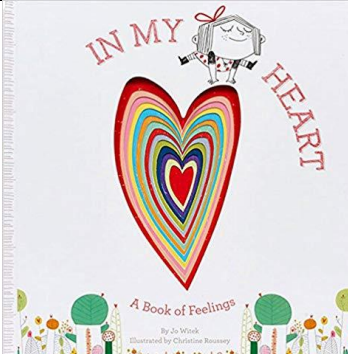
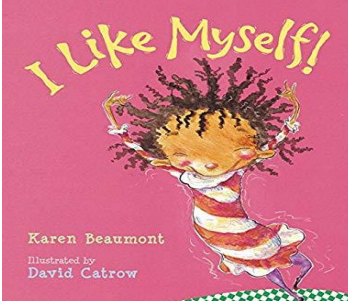
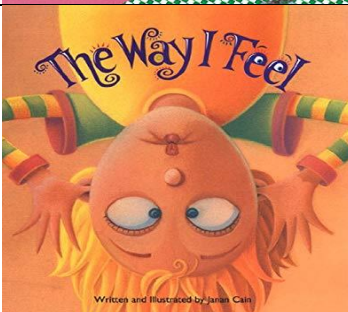
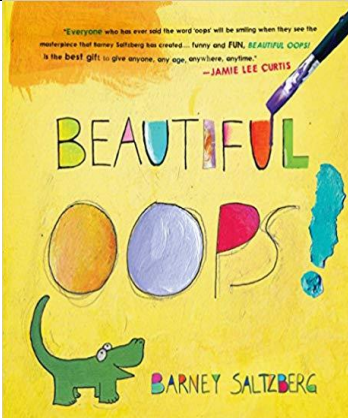
<p><b>Mind Bubbles: Exploring mindfulness with kids</b> by Heather Krantz (Author), Lisa May (Illustrator)</p>		<p>Children today are engaged in a fast-paced, media-driven, competitive society that can lead to increased stress and stress-related problems such as anxiety and depression. Mindfulness is a way to deal with this stress and can help children calm themselves and focus their attention. Children are wholly capable of embracing these concepts when presented in a straightforward appealing fashion that speaks directly to them. Mind Bubbles presents an easy way for young children to work with their breath while noting thoughts and feelings passing and popping like bubbles.</p>
<p><b>A World of Pausabilities: An Exercise in Mindfulness</b> by Frank J. Sileo PhD (Author), Jennifer Zivoin (Illustrator)</p>		<p><i>A pausability is taking a pause just for you, to stop and notice what you feel, think, and do.</i> <i>A pause is being in the moment and giving yourself a break. There's no wrong way to pause so it's hard to make a mistake.</i> In our increasingly hectic world, even children are often inundated with responsibilities and activities, and end up feeling overwhelmed and stressed. Mindfulness helps focus our attention on the present—without judgment, and without worrying about the past or future. It can help us to enjoy the moments we might normally miss, as well as cope when emotions are hard to handle. We just need to take a pause!</p>
<p><b>My Magic Breath: Finding Calm Through Mindful Breathing</b> by Nick Ortner (Author, Illustrator), Alison Taylor (Author), Michelle Polizzi (Illustrator)</p>		<p><i>Do YOU have the magic breath? Let's see...Take a deeeeeep breath in...and BLOW it out...</i> <i>...and like magic, you can feel better just by breathing!</i> Sometimes it's hard to feel happy. But with this interactive picture book, children breathe along as they learn how to make angry or sad thoughts disappear. In a world that is sometimes too busy, with too many things going on, <i>My Magic Breath</i> will help steer children into a serene space of mindfulness, self-awareness, and balance.</p>
<p><b>I Am Peace: A Book of Mindfulness</b> by Susan Verde (Author), Peter H. Reynolds (Illustrator)</p>		<p>When the world feels chaotic, find peace within through an accessible mindfulness practice from the bestselling picture-book dream team that brought us <i>I Am Yoga</i>. Express emotions through direct speech. Find empathy through imagination. Connect with the earth. Wonder at the beauty of the natural world. Breathe, taste, smell, touch, and be present.</p>
<p><b>I Can Handle It (Mindful Mantras)</b> by Ms Laurie Wright (Author), Ms Ana Santos (Illustrator)</p>		<p>Your children will incorporate the mindful mantra <i>I Can Handle It</i> almost immediately after reading this book! In a tough situation, they will think '<i>I can handle it</i>', and when they are dealing with tough emotions, they will think '<i>I can handle it!</i>'. Even if they aren't saying the words out loud, if they learn and practice this mantra it will become a part of their self-talk.</p>

<p><b>I Can Do Hard Things: Mindful Affirmations for Kids</b>  <i>by Gabi Garcia (Author), Charity Russell (Illustrator)</i></p>		<p>Help your child tap into their inner strength and find the encouragement they need to navigate their daily environments.  Mindful affirmations can help your child tune out the streams of messages they get about how they should be in the world.  <i>I can choose kindness. I can practice peace. I can share my gifts with the world.</i></p>
<p><b>Mindful Bea and the Worry Tree</b>  <i>by Gail Silver (Author), Franziska Hollbacher (Illustrator)</i></p>		<p>Bea is anxiously waiting for her friends to show up for her birthday party. The worries start to grow around her like tree branches. She asks herself questions like, "What if my friends don't like the games?" Her stomach flip-flops and she feels shaky. She tries to run away from the thoughts in the worry tree, but it doesn't work! Bea uses deep-breathing exercises and visualization techniques to calm herself down.</p>
<p><b>The Listening Walk</b>  <i>by Paul Showers (Author), Aliko (Illustrator)</i></p>		<p>Put on your socks and shoes—and don't forget your ears! We're going on a listening walk. <i>Shhhhh</i>. Do not talk. Do not hurry. Get ready to fill your ears with a world of wonderful and surprising sounds.  A little girl and her father take a quiet walk and identify the sounds around them. Soon the girl discovers an extraordinary world of sounds in her everyday environment.</p>
<p><b>Moody Cow Meditates</b>  <i>by Kerry Lee MacLean (Author)</i></p>		<p>Children can develop greater joy and concentration through the practices of mindfulness and meditation, and <i>Moody Cow Meditates</i> is the perfect way to introduce them. This vibrant and funny children's book is a playful way to introduce children to the power of meditation. (moods)</p>
<p><b>A Handful of Quiet: Happiness in Four Pebbles</b>  <i>by Thich Nhat Hanh (Author)</i></p>		<p><i>A Handful of Quiet</i> presents one of the best known and most innovative meditation practices developed by Thich Nhat Hanh as part of the Plum Village community's practice with children. Pebble meditation is a playful and fun activity that parents and educators can do with their children to introduce them to meditation. It is designed to involve children in a hands-on and creative way that touches on their interconnection with nature.</p>
<p><b>You Are a Lion!: And Other Fun Yoga Poses</b>  <i>by Taeun Yoo (Author, Illustrator)</i></p>		<p>With simple instructions and bright, clear illustrations, award-winning artist Taeun Yoo invites children to enjoy yoga by assuming playful animal poses. And she sparks their imagination further by encouraging them to pretend to be the animal - to flutter like a butterfly, hiss like a snake, roar like a lion and more.</p>



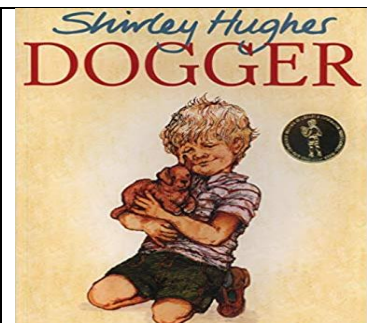
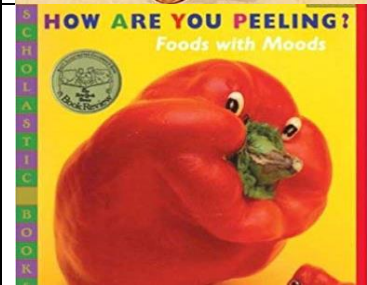
<p><b>Yoga Bunny</b> by Brian Russo (Author, Illustrator)</p>		<p>It's a perfect day for yoga, and Bunny is practicing his poses and wishes his friends would do yoga with him! But Lizard is too tired, Fox is in a rush, and Bird has the hiccups. Will Bunny ever be able to get his friends to slow down and realize that yoga just might be the solution to their problems?</p>
<p><b>Breathe with Me: Using Breath to Feel Strong, Calm, and Happy</b> by Mariam Gates (Author)</p>		<p>When you're mad or worried or can't wake up in the morning, what can you do? Use the amazing superpower that you already have—breathing. Sample practices: When something makes you mad or even feels unfair, try this counting breath and you'll feel calmer there. <i>Sit up and let your spine grow tall.</i> <i>Take a deep breath in, counting silently 1 . . . 2 . . . 3. Then let your breath out slowly, counting 1 . . . 2 . . . 3</i></p>
<p><b>My Heart Is Like a Zoo</b> by Michael Hall (Author)</p>		<p>My Heart is like a Zoo shows the reader how one simple shape, the Valentine heart, can be used and slightly modified to make many different larger, complex shapes--those of animals in this case. Michael Hall's illustrations at first look simple, until closer observation brings out the complex nature of what Mr. Hall has accomplished. Guided yoga works with story.</p>
<p><b>I Am Yoga</b> by Susan Verde (Author), Peter H. Reynolds (Illustrator)</p>		<p>An eagle soaring among the clouds, a star twinkling in the night sky, a camel in the desert, or a boat sailing across the sea . . . Yoga has the power of transformation. Not only does it strengthen bodies and calm minds, but with a little imagination, it can show us that anything is possible.</p>
<p><b>Mindful Games Activity Cards: 55 Fun Ways to Share Mindfulness with Kids</b> by Susan Kaiser Greenland (Author), Annaka Harris (Contributor)</p>		<p>A deck of 55 mindfulness games for kids that takes a playful approach to developing attention and focus, and identifying and regulating emotions--by the author of <i>Mindful Games</i> and <i>The Mindful Child</i>.</p>
<p><b>Mindful Kids: 50 Mindfulness Activities for Kindness, Focus and Calm</b> by Whitney Stewart and Mina Braun (Author)</p>		<p>This boxed card deck includes 50 creative mindfulness games, visualizations and exercises divided into 5 categories to help children feel grounded, find calm, improve focus, practice loving-kindness and relax. Whimsical full-color illustrations on both sides of the cards break down each practice into easy-to-follow steps. Tips on individual cards plus an 8-page instructional booklet show modifications that make these activities inclusive for children of all abilities.</p>

## MOOD: NAMING OUR EMOTIONS AND UNDERSTANDING CHOICES

<p><b>Today I Feel Silly: And Other Moods That Make My Day</b> by Jamie Lee Curtis Curtis (Author), Laura Cornell (Illustrator)</p>		<p>Jamie Lee Curtis's zany and touching verse, paired with Laura Cornell's whimsical and original illustrations, helps kids explore, identify, and, even have fun with their ever-changing moods.</p> <p>Silly, cranky, excited, or sad—everyone has moods that can change each day. And that's okay! Follow the boisterous, bouncing protagonist as she explores her moods and how they change from day to day.</p>
<p><b>In My Heart: A Book of Feelings</b> by Jo Witek (Author), Christine Roussey (Illustrator)</p>		<p><i>Sometimes my heart feels like a big yellow star, shiny and bright.</i></p> <p><i>I smile from ear to ear and twirl around so fast, I feel as if I could take off into the sky.</i></p> <p><i>This is when my heart is happy.</i></p> <p>Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings!</p>
<p><b>I Like Myself!</b> by Karen Beaumont Beaumont (Author), David Catrow (Illustrator)</p>		<p>High on energy and imagination, this ode to self-esteem encourages kids to appreciate everything about themselves—inside and out. Messy hair? Beaver breath? So what! Here's a little girl who knows what really matters. At once silly and serious, Karen Beaumont's joyous rhyming text and David Catrow's wild illustrations unite in a book that is sassy, soulful--and straight from the heart.</p>
<p><b>The Way I Feel</b> by Janan Cain (Author, Illustrator)</p>		<p>Feelings are neither good nor bad, they simply are. Kids need words to name their feelings, just as they need words to name all things in their world. The Way I Feel uses strong, colorful, and expressive images which go along with simple verses to help children connect the word and the emotion. Your child will learn useful words, and you will have many chances to open conversations about what's going on in her/his life. Recommended by parents, teachers and mental health professionals,</p>
<p><b>Beautiful Oops!</b> by Barney Saltzberg (Author)</p>		<p>A spill. A smear. A smudge. A tear.</p> <p>A life lesson that all parents want their children to learn: It's OK to make a mistake. In fact, hooray for mistakes! A mistake is an adventure in creativity, a portal of discovery. A spill doesn't ruin a drawing—not when it becomes the shape of a goofy animal. And an accidental tear in your paper? Don't be upset about it when you can turn it into the roaring mouth of an alligator.</p> <p>An award winning, best-selling, one-of-a-kind interactive book, <i>Beautiful Oops!</i> shows young readers how every mistake is an opportunity to make something beautiful.</p>



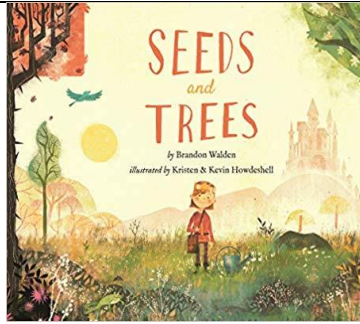
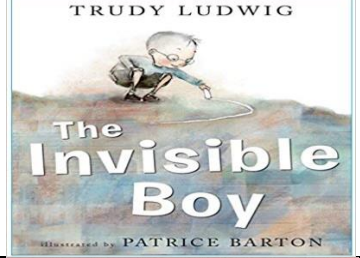
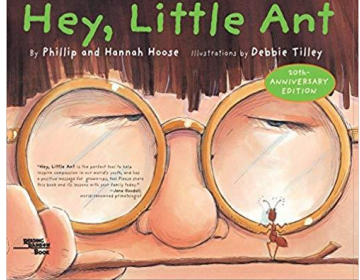
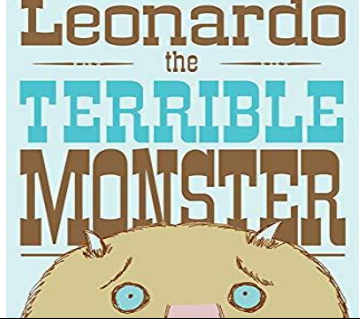
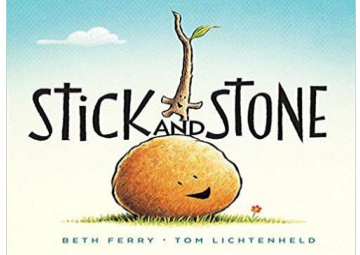
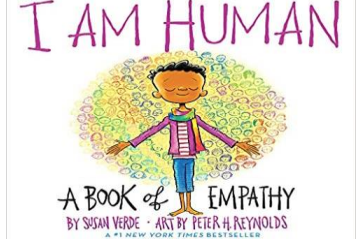
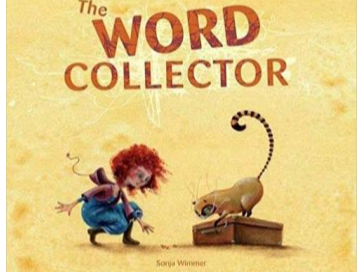
<p><b>My Many Colored Days</b> by Dr. Seuss (Author), Steve Johnson (Illustrator), Lou Fancher (Illustrator)</p>		<p>Using a spectrum of vibrant colors and a menagerie of animals, this unique book does for the range of human moods and emotions what <i>Oh, the Places You'll Go!</i> does for the human life cycle. Here is a wonderful way for parents to talk with children about their feelings. With Johnson and Fancher's atmospheric, large-scale paintings bursting off the pages, Dr. Seuss's vision is brought to life. This rare and beautiful book is bound to appeal to both the innocent young and the most sophisticated seniors.</p>
<p><b>The Most Magnificent Thing</b> by Ashley Spires (Author, Illustrator)</p>		<p>Award-winning author and illustrator Ashley Spires has created a charming picture book about an unnamed girl and her very best friend, who happens to be a dog. The girl has a wonderful idea. "She is going to make the most MAGNIFICENT thing!" But making her magnificent thing is anything but easy, and the girl tries and fails, repeatedly. Eventually, the girl gets really, really mad. She is so mad, in fact, that she quits. But after her dog convinces her to take a walk, she comes back to her project with renewed enthusiasm and manages to get it just right.</p>
<p><b>When Sophie Gets Angry--Really, Really Angry...</b> by Molly Bang</p>		<p>Everybody gets angry sometimes. For children, anger can be very upsetting. Parents, teachers, and children can talk about it. People do lots of different things when they get angry. In this Caldecott Honor book, kids will see what Sophie does when she gets angry. What do you do?</p>
<p><b>What Should Danny Do? (The Power to Choose Series)</b> by Adir Levy (Author), Ganit Levy (Author), Mat Sadler (Illustrator)</p>		<p>9 Stories in 1! <i>What Should Danny Do?</i> is an innovative, interactive book that empowers kids with the understanding that their choices will shape their days, and ultimately their lives into what they will be. Written in a "Choose Your Own Story" style, the book follows Danny, a Superhero-in-Training, through his day as he encounters choices that kids face on a daily basis. As your children navigate through the different story lines, they will begin to realize that their choices for Danny shaped his day into what it became. And in turn, their choices for themselves will shape their days, and ultimately their lives, into what they will be.</p>
<p><b>Listening to My Body</b> by Gabi Garcia (Author), Ying Hui Tan (Illustrator)</p>		<p><i>This engaging and interactive book guides children through the practice of naming their feelings and the sensations that accompany them. Engages children in easy, kid-friendly mindfulness activities. Helps kids build on their capacity to be mindful, self-regulate, and develop emotional resilience.</i></p>
<p><b>Quick As a Cricket</b> by Audrey Wood (Author), Don Wood (Illustrator)</p>		<p>A young boy describes himself as "loud as a lion," "quiet as a clam," "tough as a rhino," and "gentle as a lamb"</p>

<p><b>Dogger</b> by Shirley Hughes (Author, Illustrator)</p>		<p>When Dave loses his favorite toy, Dogger, he is very sad. But when Dogger turns up for sale at the neighborhood fair, everything seems all right—until someone else buys him before Dave can get the money! Filled with humor and Shirley Hughes’s artful touch, this is a book for young readers to tackle by themselves, as well as a delight to read aloud.</p>
<p><b>How Are You Peeling?</b> By Saxton Freymann (Author)</p>		<p>"Amused? Confused? Frustrated? Surprised? Try these feelings on for size."  This is a book that asks all the right questions. And leaves you feeling great no matter what the answers are!</p>

**CULTIVATING KINDNESS: FRIENDSHIP AND POSITIVITY**

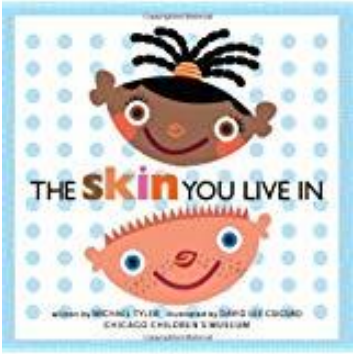
<p><b>The Big Umbrella</b> by Amy June Bates (Author, Illustrator), Juniper Bates (Author)</p>		<p>By the door there is an umbrella. It is big. It is so big that when it starts to rain there is room for <i>everyone</i> underneath. It doesn’t matter if you are tall. Or plaid. Or hairy. It doesn’t matter how many legs you have. Don’t worry that there won’t be enough room under the umbrella. Because there will always be room.</p>
<p><b>Kindness Starts With You</b> by Jacquelyn Stagg (Author)</p>		<p>Follow Maddy through her day at school, where your child will learn how easy it can be to spread kindness! From taking turns on the swing to including everyone in the game - this storybook shows that no act of kindness, no matter how small, is ever wasted. A lightbulb lesson of kindness is found on each page!</p>
<p><b>Be Kind</b> by Pat Zietlow Miller (Author), Jen Hill (Illustrator)</p>		<p>When Tanisha spills grape juice all over her new dress, her classmate wants to make her feel better, wondering: <i>What does it mean to be kind?</i> From asking the new girl to play to standing up for someone being bullied, this moving story explores what kindness is, and how any act, big or small, can make a difference—or at least help a friend.</p>
<p><b>I'm the Best</b> by Lucy Cousins (Author, Illustrator)</p>		<p>A boastful dog gets a taste of his own medicine in a tale about friendship that features the bold, exuberant art of Lucy Cousins at its best. (Ages 2-5) "I win! I’m the best!" Dog boasts. Unfortunately, Dog’s nonstop bragging is starting to make his friends feel kind of sad. But what if they mixed things up and looked at them differently? Could they teach Dog a lesson — and remind him of what it means to be a best friend?</p>



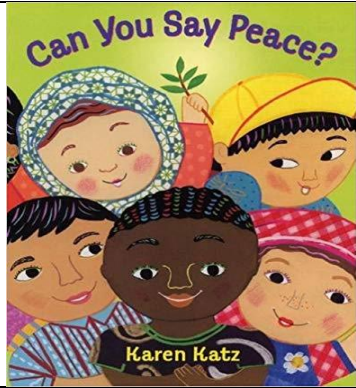
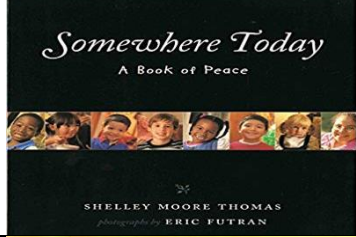
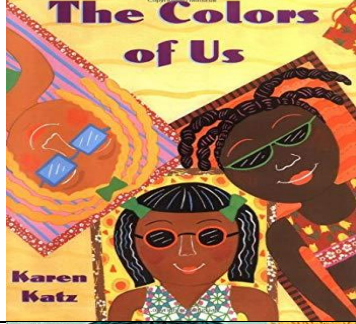
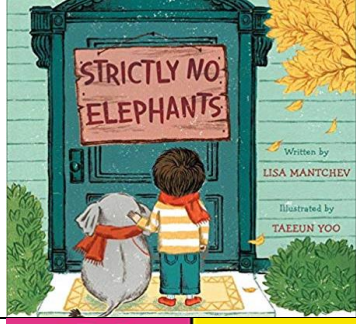
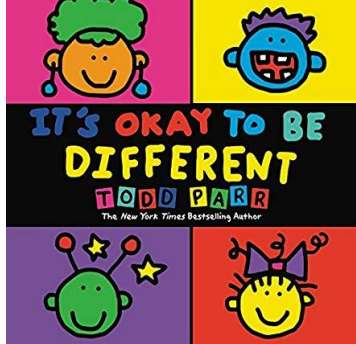
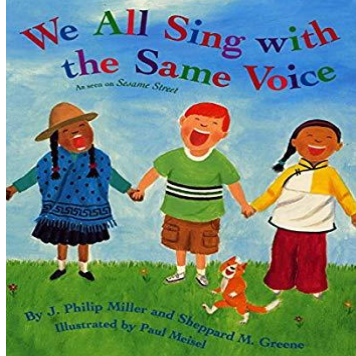
<p><b>Seeds and Trees: A children's book about the power of words</b> by Brandon Walden (Author), Kristen and Kevin Howdeshell (Illustrator)</p>		<p>In Seeds and Trees, discover a young prince who gathers seeds both green and dark from those he encounters, and then gifts them forward. He faithfully plants and waters all those seeds daily, but comes to realize that the dark trees harm the green ones. With the help of a kind friend he discovers he can cut down, uproot, and then replace those dark trees with green seeds, creating a beautiful vibrant garden. Seeds and Trees will help encourage your children to offer kindness towards themselves and others.</p>
<p><b>The Invisible Boy</b> by Trudy Ludwig Ludwig (Author), Patrice Barton (Illustrator)</p>		<p>A simple act of kindness can transform an invisible boy into a friend...Meet Brian, the invisible boy. Nobody ever seems to notice him or think to include him in their group, game, or birthday party . . . until, that is, a new kid comes to class.</p>
<p><b>Hey, Little Ant</b> by Phillip M. Hoose (Author), Hannah Hoose (Author), Debbie Tilley (Author)</p>		<p>What would you do if the ant you were about to step on looked up and started talking? Would you stop and listen? What if your friends saw you hesitate? That's what happens in this funny, thought-provoking book. Originally a song by a father-daughter team, this conversation between two creatures, large and small, is bound to inspire important discussions.</p>
<p><b>Leonardo, the Terrible Monster</b> by Mo Willems (Author, Illustrator)</p>		<p>Leonardo is truly a terrible monster-terrible at being a monster that is. No matter how hard he tries, he can't seem to frighten anyone. Determined to succeed, Leonardo sets himself to training and research. Finally, he finds a nervous little boy, and scares the tuna salad out of him! But scaring people isn't quite as satisfying as he thought it would be. Leonardo realizes that he might be a terrible, awful monster-but he could be a really good friend.</p>
<p><b>Stick and Stone</b> by Beth Ferry (Author), Tom Lichtenheld (Illustrator)</p>		<p>When Stick rescues Stone from a prickly situation with a Pinecone, the pair becomes fast friends. But when Stick gets stuck, can Stone return the favor? Author Beth Ferry makes a memorable debut with a warm, rhyming text that includes a subtle anti-bullying message even the youngest reader will understand.</p>
<p><b>I Am Human: A Book of Empathy</b> by Susan Verde (Author), Peter Reynolds (Illustrator)</p>		<p>A hopeful meditation on all the great (and challenging) parts of being human, I Am Human shows that it's okay to make mistakes while also emphasizing the power of good choices by offering a kind word or smile or by saying "I'm sorry."</p>
<p><b>The Word Collector</b> by Sonja Wimmer (Author, Illustrator)</p>		<p>A poetic tale about the magic of words and the power of positive words, which invites to enjoy this wonderful story in a fun, original way.</p>

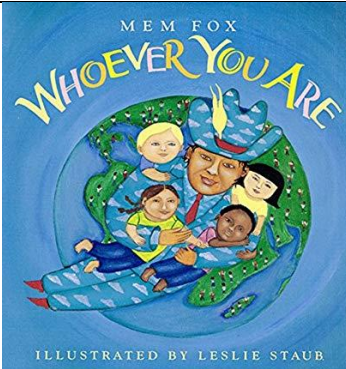
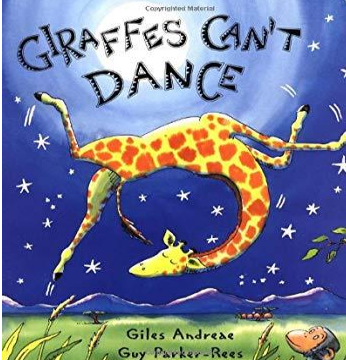
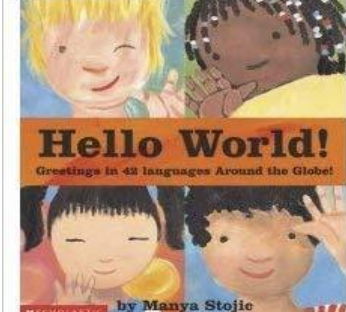
<p><b>Most People</b> by Michael Leannah (Author), Jennifer E. Morris (Illustrator)</p>		<p>The world can be a scary place. Anxious adults want children to be aware of dangers, but shouldn't kids be aware of kindness too? Michael Leannah wrote <b>Most People</b> as an antidote to the scary words and images kids hear and see every day. Jennifer Morris's emotive, diverting characters provide the perfect complement to Leannah's words, leading us through the crowded streets of an urban day in the company of two pairs of siblings (one of color).</p>
<p><b>Down the Road</b> by Alice Schertle (Author), E. B. Lewis (Illustrator)</p>		<p>Mama and Papa agree that eggs for breakfast would be nice, but they're too busy to go to the store. So they decide that Hetty is old enough to go by herself. Although she practices walking smoothly up the hill so she won't break the precious eggs, she can't help running all the way down. Young readers will hold their breath as Hetty tries her very best to get those eggs home safely.</p>
<p><b>Extra Yarn</b> by Mac Barnett (Author), Jon Klassen (Illustrator)</p>		<p>A monochrome town gets a change of color and attitude with the help of a box of yarn and a girl named Annabelle. From the seemingly endless box of <i>Extra Yarn</i> Annabelle knits clothing for everyone around her, tempering the ill-tempered, and creating beautifully patterned warmth for people, animals, and objects, alike. When a greedy clothes-loving archduke tries to buy--then steal--the box for himself, he discovers that ill-gotten gains bear no fruit--or in this case, yarn. This picture book is about the magical properties of kindness and generosity.</p>
<p><b>Plant a Kiss</b> by Amy Krouse Rosenthal (Author), Peter H. Reynolds (Illustrator)</p>		<p>Little Miss planted a kiss...  One small act of love blooms into something bigger and more dazzling than Little Miss could have ever imagined in this epic journey about life, kindness, and giving.</p>
<p><b>A Tale of Two Beasts</b> By Fiona Robertson</p>		<p>When a little girl rescues a strange beast from the woods, she takes him home. But for some reason, the little beast is not happy! There are two sides to every story, and this funny and charming tale is no exception. Author/illustrator Fiona Robertson offers both points of view in this discussion-starting tale of the importance of seeing the world in different ways.</p>

**DIVERSITY: FINDING INCLUSIVENESS AND CELEBRATING PEACE**

<p><b>The Skin You Live In</b> by Michael Tyler (Author), David Lee Csicsko (Illustrator)</p>		<p>With the ease and simplicity of a nursery rhyme, this lively story delivers an important message of social acceptance to young readers. Themes associated with child development and social harmony, such as friendship, acceptance, self-esteem, and diversity are promoted in simple and straightforward prose. Vivid illustrations of children's activities for all cultures, such as swimming in the ocean, hugging, catching butterflies, and eating birthday cake are also provided.</p>
---	---	---



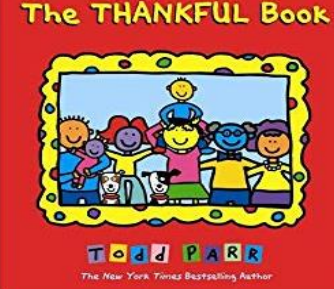
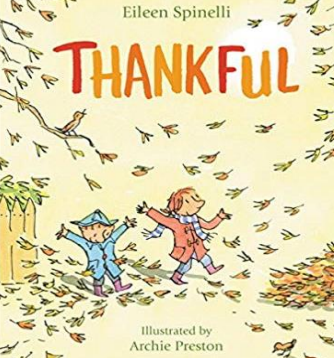
<p><b>Can You Say Peace?</b> by Karen Katz (Author, Illustrator)</p>		<p>International Peace Day is September 21st. On this day and every day throughout the year, children all over the world wish for peace. Karen Katz takes readers on a bright and colorful journey around the globe to meet some of these children and learn about the many ways to say peace!</p>
<p><b>Somewhere Today: A Book of Peace</b> by Shelley Moore Thomas (Author), Eric Futran (Photographer)</p>		<p>Somewhere in the world each day, people just like you are acting in kind, peaceful, loving ways. Perhaps they are visiting someone who is old, teaching a little sister to ride a bike, or sharing an experience with a friend from a different culture.</p>
<p><b>The Colors of Us</b> by Karen Katz (Author, Illustrator)</p>		<p>A positive and affirming look at skin color, from an artist's perspective. Seven-year-old Lena is going to paint a picture of herself. She wants to use brown paint for her skin. But when she and her mother take a walk through the neighborhood, Lena learns that brown comes in many different shades. Through the eyes of a little girl who begins to see her familiar world in a new way, this book celebrates the differences and similarities that connect all people.</p>
<p><b>Strictly No Elephants</b> by Lisa Mantchev (Author), Taeun Yoo (Illustrator)</p>		<p>When the local Pet Club won't admit a boy's tiny pet elephant, he finds a solution—one that involves all kinds of unusual animals in this sweet and adorable picture book. Today is Pet Club day. There will be cats and dogs and fish, but <i>strictly no elephants</i> are allowed. The Pet Club doesn't understand that pets come in all shapes and sizes, just like friends. Now it is time for a boy and his tiny pet elephant to show them what it means to be a true friend.</p>
<p><b>It's Okay To Be Different</b> by Todd Parr (Author)</p>		<p><i>It's Okay to Be Different</i> cleverly delivers the important messages of acceptance, understanding, and confidence in an accessible, child-friendly format. The book features the bold, bright colors and silly scenes that made Todd a premiere voice for emotional discussions in children's literature. Targeted to young children first beginning to read, this book will inspire kids to celebrate their individuality through acceptance of others and self-confidence--and it's never too early to develop a healthy self-esteem.</p>
<p><b>We All Sing with the Same Voice</b> by J. Philip Miller (Author), Sheppard M. Greene (Author), Paul Meisel (Illustrator)</p>		<p>First featured as a song on the widely popular <i>Sesame Street</i>, the beloved educational children's television show, <i>We All Sing with the Same Voice</i> is a joyous read-aloud that embraces the notion that no matter where children live or what they look like, they're all the same where it counts—at heart! With colorful illustrations from Geisel Honor-winning artist Paul Meisel, this celebration of love and respect has been noted by many teachers and parents as a top pick for teaching empathy.</p>

<p><b>Whoever You Are</b> by Mem Fox (Author), Leslie Staub (Illustrator)</p>		<p>Every day all over the world, children are laughing and crying, playing and learning, eating and sleeping. They may not look the same. They may not speak the same language. Their lives may be quite different. But inside, they are all alike. Stirring words and bold paintings weave their way around our earth, across cultures and generations. At a time when, unfortunately, the lessons of tolerance still need to be learned, <i>Whoever You Are</i> urges us to accept our differences, to recognize our similarities, and-most importantly-to rejoice in both.</p>
<p><b>Giraffes Can't Dance</b> by Giles Andreae (Author), Guy Parker-Rees (Illustrator)</p>		<p>Gerald the giraffe doesn't really have delusions of grandeur. He just wants to dance. But his knees are crooked and his legs are thin, and all the other animals mock him when he approaches the dance floor at the annual Jungle Dance. "Hey, look at clumsy Gerald," they sneer. "Oh, Gerald, you're so weird." But an encouraging word from an unlikely source shows this glum giraffe that those who are different "just need a different song," and soon he is prancing and sashaying and boogying to moon music (with a cricket accompanist).</p>
<p><b>Hello World! Greetings in 42 Languages Around the Globe!</b> by Manya Stojic (Author)</p>		<p>Take a trip around the world and learn to say "hello" in 42 different languages! This book features vibrant paintings of children from across the globe, simple translations, and pronunciation keys! Bonjour! Hola! Konnichiwa! Learn how to say "hello" in French, Spanish, Japanese---and many more languages! Children from all around the world say "hello" each in their own languages, each and every day. Young readers will gain an appreciation of languages and cultures beyond their own.</p>

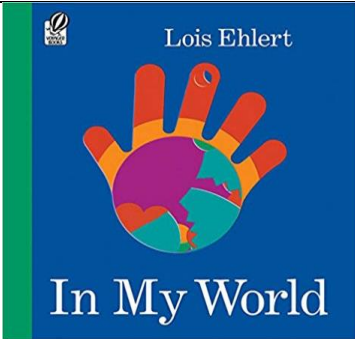
## THANKFULNESS: APPROACHING LIFE WITH GRATITUDE AND APPRECIATION

<p><b>Grateful: A Song of Giving Thanks</b> by John Bucchino (Author), Anna-Liisa Hakkarainen (Illustrator)</p>		<p>Once in a while, a perfect union of words and music creates a transcendent song that soars from the heart and speaks to every soul... <i>Grateful</i> is such an anthem—a loving reminder of the gifts available to us when we approach life with gratitude. It is a song that inspires courage, compassion, and hope.</p>
<p><b>Gracias / Thanks</b> by Pat Mora (Author), John Parra (Illustrator)</p>		<p>In a series of poetic sentences, a young boy (biracial Mexican/Caucasian) tells about some of the everyday things for which he is thankful. Come share the joy, and think about all the things for which you can say, ¡Gracias! Thanks!</p>
<p><b>An Awesome Book of Thanks!</b> by Dallas Clayton (Author, Illustrator)</p>		<p>An Awesome Book of Thanks! is a beautifully written, fantastically illustrated walk through a world of magical unicorns, robotic dinosaurs, and all of life's simple moments, great and small. Crafted for children ages 0-1000, this timeless story is sure to be an instant classic, at home in the hands of anyone looking for the perfect reminder of just how beautiful life can be.</p>



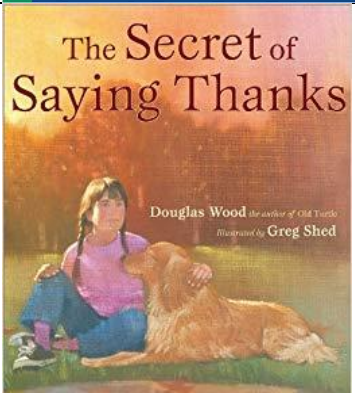
<p><b>The Thankful Book</b> by Todd Parr (Author)</p>		<p><i>I am thankful for music because it makes me want to dance .I am thankful for my feet because they help me run and play. I am thankful for kisses because they make me feel loved.</i> The Thankful Book celebrates all the little things children can give thanks for. From everyday activities like reading and bathtime to big family meals together and special alone time between parent and child, Todd inspires readers to remember all of life's special moments.</p>
<p><b>Thankful</b> by Eileen Spinelli (Author), Archie Preston (Illustrator)</p>		<p><i>Thankful</i>, by bestselling and award-winning children’s author Eileen Spinelli, combines charming rhymes and whimsical illustrations to convey the importance of being thankful for everyday blessings. Like the gardener thankful for every green sprout, and the fireman, for putting the fire out, readers are encouraged to be thankful for the many blessings they find in their lives. Spinelli exhibits her endearing storytelling with this engaging poem, reminding children how blessed and special they are.</p>
<p><b>Thanks a Million</b> by Nikki Grimes (Author), Cozbi A. Cabrera (Illustrator)</p>		<p>What makes you thankful? A book? Weekends? Your family? How do you say thanks? With a flower? With a chocolate bar? With a surprise? In sixteen extraordinary poems that range in form from a haiku to a rebus to a riddle, Nikki Grimes reminds us how wonderful it is to feel thankful, and how powerful a simple "thank you" can be.</p>
<p><b>Did I Ever Tell You How Lucky You Are?</b> by Dr. Seuss (Author, Illustrator)</p>		<p><i>"When you think things are bad, when you feel sour and blue,when you start to get mad . . .you should do what I do!"</i></p> <p>So begins the terrific advice of the wise old man in the Desert of Drize. This classic book provides the perfect antidote for readers of all ages who are feeling a bit down in the dumps. Thanks to Dr. Seuss's trademark rhymes and signature illustrations, readers will, without a doubt, realize just how lucky they truly are.</p>
<p><b>Good People Everywhere</b> by Lynea Gillen (Author), Kristina Swarner (Illustrator)</p>		<p>A colorful picture book that will warm the hearts of children and adults alike, each of its pages contain endearing examples and vibrant illustrations to inspire children to grow into grateful, caring, and giving people. It provides a wonderful way to calm children before sleep, ease their fears, and help them develop an appreciation for good work. Also included are activity pages to help children practice skills for creating gratitude, compassion, and beauty in daily life.</p>
<p><b>All the World</b> by Liz Garton Scanlon (Author), Marla Frazee (Illustrator)</p>		<p>Following a circle of family and friends through the course of a day from morning till night, this book affirms the importance of all things great and small in our world, from the tiniest shell on the beach, to warm family connections, to the widest sunset sky</p>

**In My World**  
by Lois Ehlert (Author)



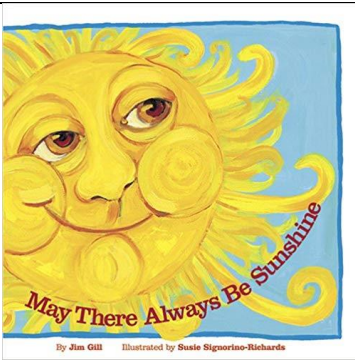
Creeping bugs and wiggling worms, splashing rain and glittering stars--nobody notices the details of the world around them more than children--and artists. Take a walk with bestselling picture book creator Lois Ehlert in this vibrant die-cut celebration of nature's many wonders. Complete with a simple rebus game, this gentle book of discovery will inspire readers of all ages to share their love for nature--and to look at the world in a whole new way.

**Secret of Saying Thanks**  
by Douglas Wood (Author), Greg Shed (Illustrator)



If you've not yet discovered the secret of saying thanks, it's waiting for you. The secret can be found in the sunrise that offers promises full for the day ahead, or in the gentle shade of a tree sheltering you from the hot rays of the sun, or on the rock that offers rest from a long walk. In the inspirational text that made him a bestselling, internationally acclaimed author, Douglas Wood offers a spiritual homage to nature and the world. Greg Shed's stunning portraits of the natural world tenderly portray all of the many ways in which we can say thanks for the wonders we sometimes take granted in life.

**May There Always Be Sunshine**  
by Jim Gill (Author), Susie Signorino-Richards (Illustrator)



Based on a traditional Russian folk song. The illustrations capture the beauty and simplicity of both the song's original lyrics and the verses that children have added to the book. The illustrations, the familiar family connection, and the repetition of positive words can help foster a feeling of gratitude for the beauty that surrounds us.